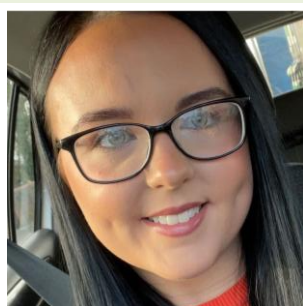


## Our Designated Safeguarding Leads (DSLs)



**Nerys Evans**  
**Lead DSL**



**Taylor-Lee  
Sketchley**  
**Deputy DSL**

### **Safeguarding is EVERYONE'S responsibility**

If you have any concerns regarding the safety or welfare of any child, please contact Nerys, Taylor, our **Designated Safeguarding Leads**, in confidence.

Please visit our [website](#) for further information about safeguarding.

## Welcome!

A very warm welcome from Nerys and the team to all the new families joining us this term. We look forward to working together to support the learning and development of your children, as well as providing lots of fun along the way!

## Dates for your diary

- **Monday 1<sup>st</sup> September – Autumn Term 2025 Begins.**
- **Monday 8<sup>th</sup> September- Term time only funded sessions resume.**

## Happy birthday to children celebrating in September!



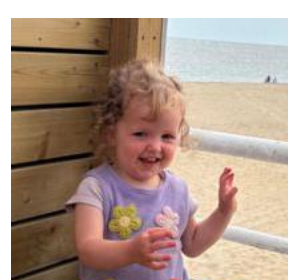
**Harper**



**Quinn**



**Joshua**



**Raya**

## Reminders

- **Please ensure your child has weather appropriate clothing at nursery as the weather changes . E.g. raincoat, wellies, sunhats.**

# Meals at Blue Bell Woods

## Our Educational Programme

### EYFS- Early Years Foundation Stage

States 'Where children are provided with meals, snacks and drinks, these must be healthy, balanced and nutritious'.

Our nursery chef, Sarah, works hard in the kitchen to provide a range of home-made, healthy, balanced and nutritious meals for the children to enjoy.

We have a new 3 weekly menu which will be posted on the FAMLY app every Monday morning, informing parents / carers of the meals their child will be eating throughout the week.

"Offering children a wide range of foods, textures and flavours can help increase the variety of foods children will eat. This can encourage healthier eating habits later in childhood. This is especially important during this time of early growth and development."



## Birthdays and Celebrations

If you wish to bring treats into nursery for your child to share with their peers, we ask them to adhere to the following rules please:

- No 'homemade' treats. Food must be shop brought and have allergy labels due to children's individual dietary requirements and allergies.
- Healthy options only please (no cakes, sweets or chocolates). Instead, you could bring: Fruit, raisin boxes, vegetables such as cucumbers or carrot sticks, or 'Organix' goodies.

## Did you know...Children need to do lots of this:



- Develop fine motor skills (small muscle movements) e.g. hands, fingers.
- Develop gross motor skills (large muscle movements) e.g. arms, legs, shoulders.
- Use a range of tools such as jugs, cups, paint brushes, chalks, scissors.
- Develop hand eye co-ordination.
- Develop listening and attention skills

## To be able to do this:



- Controlled and purposeful mark making
- Write some or all letters of their name
- Focus for extended periods of time

***We are always working towards preparing the children for their next step in learning.***



# *The best days end in messy clothes!*

Sometimes I get lots of food on my clothes. This is because I am learning to use cutlery to feed myself at meal- times.

The mud kitchen is very messy, but it helps me to develop my imagination, learn new language and maths skills.



Painting helps me to develop my creativity. Sometimes I like to explore the paint with my hands which is a great sensory experience!



Water play offers endless opportunities to support each individual area of learning, particularly physical development.

My clothes are very muddy because I have spent lots of time in the garden which is great for my mental well- being, and I have so much fun splashing in puddles, climbing and digging!