| Packed Meal Declara   | ation (one to be completed      | l each day)                        |
|-----------------------|---------------------------------|------------------------------------|
| Child's name:         |                                 | Date:                              |
|                       |                                 |                                    |
| BREAKFAST: List all   | the items included              |                                    |
| OKLANTA) I. LIST dil  | the items included              |                                    |
|                       |                                 |                                    |
|                       |                                 |                                    |
|                       |                                 | resent by ticking the chart below: |
| elery                 | Fish                            | Peanuts                            |
| Cereals               | Lupin                           | Sesame                             |
| containing gluten     | Milk                            | Soybeans                           |
| Crustaceans           | Molluscs                        | Sulphur dioxide                    |
| ggs                   | Mustard                         | Sulphites                          |
|                       |                                 |                                    |
| UNCH: List all the i  | tems included                   |                                    |
|                       |                                 |                                    |
|                       |                                 |                                    |
|                       |                                 |                                    |
|                       |                                 |                                    |
|                       |                                 |                                    |
|                       |                                 |                                    |
| Allergens: Please ind | icate which allergens are p     | resent by ticking the chart below: |
| Eelery                | Fish                            | Peanuts                            |
| Eereals               | Lupin                           | Sesame                             |
| ontaining gluten      | Milk                            | Soybeans                           |
| rustaceans            | Molluscs                        | Sulphur dioxide                    |
| ggs                   | Mustard                         | Sulphites                          |
|                       |                                 |                                    |
|                       |                                 |                                    |
|                       |                                 | resent by ticking the chart below: |
| Celery                | Fish                            | Peanuts                            |
| Cereals               | Lupin                           | Sesame                             |
| ontaining gluten      | Milk                            | Soybeans                           |
| Crustaceans           | Molluscs                        | Sulphur dioxide                    |
| ggs                   | Mustard                         | Sulphites                          |
|                       |                                 |                                    |
|                       |                                 |                                    |
| FRUIT / SNACKS: Lis   | it all the items included       |                                    |
|                       |                                 |                                    |
| Allanmana Diagga in d | taata oo kiska allamman aana sa | and the Malde of the short haloes  |
|                       |                                 | resent by ticking the chart below: |
| Celery                | Fish                            | Peanuts                            |
| Cereals               | Lupin                           | Sesame                             |
| containing gluten     | Milk                            | Soybeans                           |
| Crustaceans           | Molluscs                        | Sulphur dioxide                    |
| ggs                   |                                 | Sulphites                          |
| 00                    | Mustard                         | Julprilles                         |
|                       |                                 | Julphites                          |
|                       |                                 | Juiplines                          |
| Parent / Carer name   | :                               | Juiplines                          |
| Parent / Carer name   | :                               | Juiplines                          |